Circle of Red Des Moines, Iowa



What is Go Red For Women?

Go Red For Women is the American Heart Association's national movement to increase awareness of heart disease — the leading cause of death for women — and to inspire women to take charge of their heart health. The grassroots campaign has since grown into a vibrant national movement as more women, men, celebrities, healthcare professionals and politicians embrace and elevate the cause of women and heart disease.

What is Circle of Red?

The Circle of Red is a passionate group of women committed to educating other women about the prevention of heart disease in a fun, heart-healthy way. Members significantly impact the Go Red For Women movement by personally contributing to help find a cure for the No. 1 killer of women. The American Heart Association helps more women live longer and healthier lives, and your support through the Circle of Red will change lives and save lives.

Why We Need Your Support!

- Help fund research grants needed to find a cure for Iowa's #1 killer of women
- Increase continuing medical education programs to help physicians incorporate the association's guidelines for preventing heart disease among women
- Increase awareness and prevention. Of women who die, one in 29 die of breast cancer, while one out of every three die from heart disease, stroke and other cardiovascular diseases.

Recognition as a \$500 Circle of Red Member:

- One VIP seat at the Go Red for Women Dinner, September 8, 2016
- Necklace "slide/pin" that will have an annual replacement piece for each year of membership
- Invitation to participate in a Circle of Red photo shoot
- ♥ Invited to exclusive year-round American Heart Association and Circle of Red events
- ♥ Special on-site recognition at the Go Red For Women Dinner

Recognition as a \$1000 Crimson Society Member:

Includes all benefits listed for Circle of Red, as well as the following:

- ♥ One ticket to the 2017 Heart Ball
- One additional VIP ticket (2 total) to the Des Moines Go Red For Women Dinner
- ♥ Two tickets to the Crimson Society Wine Reception at Terrace Hill, December 13, 2016
- ♥ Personal photo/poster featured in "Go Red Hall of Fame" at the Go Red For Women Dinner
- ♥ Opportunity to create an event for Circle of Red and Crimson Society Members

